

Thank you for your interest in this audio presentation,

*The Council Suit:  
From Angels to Archetypes*

with Anne Marie Bennett

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**Resources are listed on the next 3 pages....  
Don't forget to scroll down!**

# Resources

## **The SoulCollage Council Suit: From Angels to Archetypes Tele-Playshop 9/10/06**

### Websites:

**KaleidoSoul's page on the Council Suit:** <http://www.kaleidosoul.com/archetypes.html>  
(scroll to the bottom for a list of books that were referenced in this tele-playshop)

**Seena Frost's article on the WaterBearer archetype:**  
<http://www.kaleidosoul.com/waterbearer.html>

### **Articles by Seena Frost of interest to this topic:**

*Archetype of the Singer* (second article on page, scroll down!)

Distinctions Between the SoulCollage Suits (third article on page, scroll down!)

<http://www.soulcollage.com/community/columnsbyseena.php>

### **September 2006 issue of Soul Songs (theme= Council Suit):**

<http://www.kaleidosoul.com/soulsongs0906.html>

**Discovering Archetypes** – excellent overview of archetypes, from Carol S. Pearson, author of *Awakening The Heroes Within* (see link below)

<http://www.capt.org/discover%2Dyour%2Darchetypes/about-archetypes.htm>

**Purchase Carolyn Myss' book *Sacred Contracts* for only \$10 (hardcover, regularly \$25):**  
<http://www.kaleidosoul.com/shop.html#SACRED>

I bought my own copy for the Appendix alone, even though the book as a whole (all 442 pages of it!) is an unparalleled resource for anyone who wants to know more about archetypes. There are over 60 pages given just to detailed descriptions of various archetypes, how you can recognize them in your life, as well as information on how the shadow side of each archetype manifests itself in us. For each archetype, Myss also lists novels, movies, myths, fairy tales, TV shows, and plays that are connected with it. Fascinating stuff!

[Random Name Generator](#)- This is a great site to use to create a name for one of your Council (or any other) cards. Use one of the "ancient," "mythological," or Native American categories for some unique names. See if any of them "fit" one of your Council beings.

[Fantasy Name Generator](#)- Another cool site to help you generate names for your Council beings and spirit guide cards.

***Music that is playing during the Magical Inner Journey  
(guided visualization):***

[Music for Creative Visualization](#), by Instru-Mental

The script for this guided visualization was adapted from a script found on [www.interluderetreat.com](http://www.interluderetreat.com).

**Books:**

[Awakening The Heroes Within](#), by Carol S. Pearson

[Goddesses in Everywoman](#), by Jean Shinoda Bolen

[Goddesses in Older Women](#), by Jean Shinoda Bolen

[The Women's Wheel of Life](#), by Elizabeth Davis and Carol Leonard

[The Spontaneous Fulfillment of Desire](#), by Deepak Chopra

**Artist Mentioned:**

[Susan Sedon Boulet](#)